

**ESOPHAGOGASTRODUODENOSCOPY – EGD**  
**AFTERNOON PREP**

After careful medical assessment, your doctor has recommended that you have an upper GI endoscopy (EGD). During this procedure, the endoscope is passed through the mouth and throat into the upper digestive tract. This procedure allows the doctor to examine the lining of the esophagus (food tube), stomach, and duodenum (first portion of the small intestine) and to identify any abnormalities.

**INSTRUCTIONS**

- 1. Stop taking \_\_\_\_\_ days before the exam. If you are taking blood pressure medicine, please go ahead and take this as scheduled with a small sip of water. Asthmatic patients please bring your inhaler with you to your procedure.**
- 2. You may have clear liquids (no milk products) up until 7 hours prior to the procedure. Nothing to eat or drink after \_\_\_\_\_ a.m. on the morning of your procedure**
- 3. Take all of your medications in their original bottles with you to the hospital; wear loose fitting clothing; wear no jewelry.**
- 4. Thursday prior to your procedure, \_\_\_\_\_ is the last chance to cancel or reschedule, regardless of the reason, or you will be charged a NO SHOW fee of \$75.00.**

All dentures and eyeglasses must be removed prior to the start of the procedure. You may prefer to remove contact lenses at this time.

A needle for intravenous (IV) medicines will be placed in your arm vein prior to the procedure. Medicine will be injected through this needle that will make you sleepy and relaxed. Your doctor may also spray your throat to ask you to gargle with a numbing medicine. As you lie on your left side, the doctor will place a small mouthpiece between your upper and lower teeth. You will be able to breathe normally.

The doctor will then help you to swallow the flexible endoscope tube. He will examine the lining of the esophagus, stomach, and duodenum. A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination. You will not feel any sensation of discomfort when the biopsy is performed.

Many people do not recall any of the procedure because of the effect of the medicine. After the procedure, you will probably feel drowsy and may sleep for a short time. The doctor will then discuss the finding with you and the nurse will give you written instructions to take home.

**YOU WILL NEED TO MAKE ARRANGEMENTS FOR SOMEONE TO DRIVE YOU HOME.** You will not be allowed to drive or operate machinery after the procedure due to the effects of the medication. If you have any questions, please feel free to ask the doctor or the nurse.

**YOUR PROCEDURE IS SCHEDULED FOR \_\_\_\_\_ AT \_\_\_\_\_.**

Please arrive at The Center for Colon and Digestive Disease, 103 Gregg Avenue, Aiken SC \_\_\_\_\_.

Please call the one day prior for Pre-Op instructions. Phone # 803-226-0434.

You can visit us at [www.pghclinic.com](http://www.pghclinic.com) for more information.