

**PALMETTO GASTROENTEROLOGY & HEPATOLOGY, PA**  
**Afsar Waraich, MD**  
**Pho 803.226.9786**  
**ESOPHAGOGASTRODUODENOSCOPY – EGD INSTRUCTIONS**

1. Stop taking \_\_\_\_\_ days before the exam. If you are taking blood pressure medicine, please go ahead and take this as scheduled with a small sip of water. Asthmatic patients please bring your inhaler with you to your procedure.
2. **Nothing to eat or drink after midnight, the night before the procedure. DO NOT CHEW GUM, MINTS, CANDY, TOBACCO, AND DO NOT SMOKE.**
3. Take all your medications in their original bottles with you to the center; wear loose fitting clothing; wear no jewelry.

All dentures and eyeglasses must be removed prior to the start of the procedure. You may prefer to remove contact lenses at this time.

During your procedure the doctor will examine the lining of the esophagus, stomach, and duodenum. A biopsy specimen (tiny bit of tissue) may be taken for microscopic examination. You will not feel any sensation of discomfort when the biopsy is performed.

Many people do not recall any of the procedure because of the effect of the medicine. After the procedure, you will probably feel drowsy and may sleep for a short time. The doctor will then discuss the finding with you and the nurse will give you written instructions to take home.

If you have any questions, please feel free to ask the doctor or the nurse.

**\*\* NO DRIVING \*\***

**you cannot drive, use a taxi or a bus after the procedure. You must have someone present at all times to drive you home after the procedure or we may cancel your procedure. Be prepared to spend approximately 3 hours at the Endoscopy Center.**

**YOUR PROCEDURE IS SCHEDULED FOR \_\_\_\_\_ AT \_\_\_\_\_.**

Please arrive at The Center for Colon and Digestive Diseases at 103 Gregg Avenue, Suite 100 Aiken, SC by \_\_\_\_\_, 20 minutes prior.

The office will call you as much as one week prior to the procedure. We will attempt up to three times to contact you. You **MUST** complete a procedure prep and confirmation phone call within 48 hours prior to your procedure date or your procedure will be cancelled. If your deposit of \$100 was eligible to be refunded, it will no longer be refundable. The \$100 deposit is refundable only if and when your insurance pays at 100%. If you have a co-insurance, the \$100 deposit will be applied to that co-insurance.

Please ensure you schedule your procedure on a day that suits both you and your ride. If you do not show up to your procedure after confirmation has been established, there will be a \$100.00 no show fee.

You can visit us at [www.AikenGastro.com](http://www.AikenGastro.com) for more information.